

FEELING WORDS

Christian Marriage Encounter

Formula: "I feel <feeling word> like <analogy>."

Adventurous	Eager	Queasy
Affectionate	Embarrassed	Refreshed
Afraid	Enthusiastic	Relaxed
Alert	Exhausted	Restless
Angry	Expectant	Romantic
Annoyed	Feeble	Sad
Anxious	Frisky	Secure
Apprehensive	Frustrated	Sensitive
Awkward	Furious	Shocked
Bashful	Gloomy	Shy
Boiling	Grateful	Snug
Bold	Grouchy	Surprised
Boxed-in	Happy	Talkative
Cheerful	Heartbroken	Tense
Cold	Heavy	Thrilled
Confused	Irritated	Timid
Cool	Joyful	Tired
Courageous	Mournful	Touched
Crushed	Moved	Touchy
Depressed	Overwhelmed	Unrestrained
Discouraged	Panicky	Warm
Distressed	Peeved	Whiney
		Worried

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