THE WEEKLY REVIEW

David Allen, *Ready for Anything*, (New York, New York: Viking, 2003) pp. 163-64

The first challenge is to implement these models, and the second is to keep them active and functional. This guide provides the master key to achieving a consistently more relaxed and productive style of life and work. This process, whenever it's done, facilitates executive command-center thinking and confidence, and it's most effective when it's practiced every seven days.

GET CLEAR

Loose Papers

Gather all scraps of paper, business cards, receipts, and miscellaneous paper. Put into your in-basket to process.

Process Your Notes. Get "In" to zero.

Review any journal/notes types of entries, meeting notes, and miscellaneous notes scribbled on notebook paper. Decide and enter action items, projects, waiting-fors, etc., as appropriate.

Empty Your Head

Put in writing (in appropriate categories) any new projects, action items, waiting-fors, someday/maybes, etc., not yet captured.

GET CURRENT

Review Action Lists

Mark off completed actions. Review for reminders of further action steps to record.

Review Waiting-For List

Record appropriate actions for any needed follow-up. Check off received ones.

Review Project (and Larger Outcome) Lists

Evaluate status of projects, goals and outcomes, one by one, ensuring at least one current action item on each. Browse through work-in-progress support material to trigger new actions, completions, waiting-fors, etc.

Review Previous Calendar Data

Review past calendar in detail for remaining action items, reference data, etc., and transfer into the active system.

Review Upcoming Calendar

Review upcoming calendar events—long and short term. Capture actions triggered.

Review Any Relevant Checklists

Use as a trigger for any new actions.

GET CREATIVE

Review Someday/Maybe List

Review for any projects that may now have become active, and transfer to projects list. Delete items no longer of interest.

Be Creative and Courageous

Any new, wonderful, harebrained, creative, thought-provoking, risk-taking ideas to add into your system???